Well, a potentially exciting start of the year kind of ended up being a bit of a damp squib! After two years of it being bad weather putting the kibosh to our plans, I suppose you could say it was at least a change for it to be the flu! But as we go to press, it seems as if the outbreak is coming under control and things should be getting back to normal soon. Although, in my crystal ball mode, I can foresee changes to our vaccination rules on the horizon.

However, the very unseasonal sunshine has been there to console us and for those of us who could move about, it was a good excuse to get training on one of the clinics we held. Of course, they also start to highlight just how unfit yobby cobby (and rider!) is after the winter. I have to admit that horse fitness for me has always been done by a kind of osmosis effect - as the days get longer, I ride more, he gets fitter. But when an instructor told me I need to get out hacking between schooling sessions, it did get me thinking. I’m not too sure that my boss would except ‘going for a ride on my horse’ as an acceptable reason to miss a day of work, and although going round the fields with two head-torches (one for me, one for horse) might be an option, I think I’d prefer to see what I’m about to fall on! So I’ve decided to stop being so hard on myself and not to worry about it - for everyone who balances horses with a full time job, I think it’s so important to remember that - we’re doing a cracking job anyway, doing something that we love (the horses, not the full time job!) and it will soon be light enough for galloping round the fields before bed!

Camilla Esling and Oliver
Interdressage Jumping Winners
Thank you to everyone who came along and had a go at the latest Interdressage competition. We’re still up at the top of the leader board as we go into the final couple of months. Unfortunately, there will be no filming day in March due to a very busy month, so the next (and last for this year) will be on 21st April.

**Class: Walk and Trot**

9th = Suzanne Lidbetter and Mai

**Class: BRC D1**

2nd = Esme Ruff and Elvis
4th = Camilla Esling and Oliver
9th = Carrie Coombs and Billy
10th = Sue Moger and Ballygill Bobby

### BRC LEAGUE AFTER JANUARY RESULTS

<table>
<thead>
<tr>
<th>Place</th>
<th>Club</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>Malvern Hills Riding Club</td>
<td>496</td>
</tr>
<tr>
<td>2nd</td>
<td>Crown Riding Club</td>
<td>223</td>
</tr>
<tr>
<td>3rd</td>
<td>Cherwell Valley Riding Club</td>
<td>164</td>
</tr>
<tr>
<td>4th</td>
<td>Solent Riding Club</td>
<td>33</td>
</tr>
</tbody>
</table>

**Class: Intermediate 6**

2nd = Holly Chivers and Lady

**Class: Freestyle Jumping**

1st (juniors) = Lottie Gilderson and Western Miracle

1st = Camilla Esling and Oliver
2nd = Esme Ruff and Elvis

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**MALVERN HILLS RIDING CLUB**

**CPR & DEFIB TRAINING**

**Session Overview**

No prior knowledge or training is needed to attend this training session and there is no assessment or examination at the end of the session.

All the training is delivered by our friendly volunteers. The training sessions are very practical hands-on training sessions, which we try to make as interesting and entertaining as possible. Most training sessions will last for about two hours.

By the end of a training session we are confident that you learn some simple life saving skills which will enable you to:

- recognise and treat someone who is having a heart attack
- place someone who is unconscious in the recovery position
- provide Cardio-Pulmonary Resuscitation (CPR) to someone whose heart has stopped beating
- use an automated external defibrillator to try and restart a heart.

**DATE:**

Tuesday 2nd April 2019

**TIME:**

7:00 prompt start - maximum 2 hour course

**VENUE:**

Cookham Village Hall, WR13 6BE (on Welland to Pendock road)

**COST:**

£6 per person. Includes half time refreshments.

**Maximum of 25 people on the course.** If over-subscribed, a waiting list will be taken and another session arranged.

Juniors aged 11 and over are welcome (and encouraged!). Please pay via PayPal on our website, or send cheque made out to MHRC to 7 Newton Close, Ledbury, Herefordshire, HR8 2XG

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Esme and Elvis

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Sue and Bobby
The 2019 Area and Championship season is starting to really get underway. So here’s your yearly reminder about checking your eligibility. BRC have a number of rules in places to make sure that everyone is competing against other horses and riders of the same ability.

DO I NEED TO READ THE RULES?
Everyone who wants to take part in an Area qualifier should have a read through the appropriate sections. This is especially important if you or your horse have competed under rules with British Show Jumping, British Dressage or British Eventing. The number of points/prize money, etc, that you have earned will determine what level you can compete at.

It is your responsibility to check this before putting your name forward for a team. The team managers won’t know what you and your horse have done outside RC competitions and don’t have the time to check every member’s records!

WHERE CAN I READ THEM?
The new rules are laid out across pages 94 to 99 of the 2019 Rulebook, which can be downloaded for free from our website, the BRC website or the Area 18 website.

A copy of the appropriate page will also be attached to the email inviting you to put your name forward for the team.

WHAT HAPPENS IF I COMPETE EVEN THOUGH I’M NOT ELIGIBLE?
BRC will notice! You will be disqualified from the competition and your score discounted. If you are part of a team, then the team’s score will be recalculated and any placings readjusted.

MY HORSE ISN’T ELIGIBLE TO DO THE HEIGHT CLASS THAT I WANT - IS THERE ANYTHING I CAN DO?
There is an automatic downgrading system detailed on page 18 of the handbook. If this still does not let you compete at the level that you would like to, then you can apply to BRC directly. Please be aware that once you have downgraded, you cannot then move back up the levels for a set number of years.

If you are not sure, please contact Caroline, Chris or Camilla, who can help you double check. It’s far better to do so beforehand than to end up getting a team disqualified after a successful event.

Thank you to everyone who attended the Wayne Garrick Comedy Evening last year - £100 of the profits was sent to the Wilberry Wonder Pony Fun on your behalf.

Thanks again for donating, Malvern Hills
We’re sending it straight to Hannah’s Wilberry Wonder Pony Charity so you’ll be making a difference very soon.

A word from Hannah’s Wilberry Wonder Pony Charity
Thank you so much for supporting Hannah’s Wilberry Wonder Pony Charity. Hannah was such an inspiration to so many of us. Your help with fundraising will support her charity and enable it to fund vital research into bone cancer & Wilberry’s Wishes - granting equine related wishes to seriously ill people, giving a little joy during very tough times. Again thank you so much for your support #kikgangamesboot Lots of love Hannah and Wilberry x

POLEWORK TO IMPROVE FLATWORK
INSTRUCTOR: JUDITH MURPHY
DATES: Thursday 7th, 14th and 28th March
TIMES: 5pm, 6pm, 7pm, 8pm
SIZE: maximum of 4 per group
VENUE: Hillview Arena, Blackmore Park Road, Malvern
OPEN TO: All Junior and Senior Members
LEVELS: All levels
COST: £20
CONTACT: Sarah Bowness 07828 908 958
mhrccclinics@outlook.com
WHAT'S COMING UP NEXT?

For schedules, times and future events, please go to www.malvernhillsridingclub.com

March 2019

7th - Polework Clinic with Judith Murphy, Hillview Arena
9th - Flatwork Clinic with Jess Smith, Hillview Arena
9th-10th - BRC Arena Eventing Championship, Washbrook Farm, Aston-le-Wells, Northants
14th - Polework Clinic with Judith Murphy, Hillview Arena
17th (change of date) - Area Show Jumping Qualifier, Lincomb Equestrian, Stourport

17th (cancelled) Interdressage Filming Day, Hillview Arena, Malvern
24th - Intermediate Dressage Qualifier, Abbey Dressage, nr. Tewkesbury
28th - Polework Clinic with Judith Murphy, Hillview Arena
30th - 31st - BRC Novice Winter Championship, Arena UK, Grantham, Lincolnshire

April 2019

2nd - CPR Training, Castlemorton Village Hall
14th - Combined Training Qualifier and Open Dressage, Ace Cross-Country, Tewkesbury
26th - 28th - BRC Intermediate Winter Championships, Bury Farm Equestrian, Slapton, Bucks
21st (change of date) - Interdressage Filming Day, Hillview Arena, Malvern

CONTACTS

CHAIR/ NEWSLETTER CAROLINE BATES 07900 376 272 mhrnewsletter@hotmail.co.uk
SECRETARY / MEMBERSHIP CAMILLA ESLING 07875 364 658 camillaesling@gmail.com
TREASURER LINDA MEDCALF

CHILD PROTECTION OFFICER SOPHIE HOOPER 07968 172 440 sophie@hillview.myzen.co.uk

MERCIAN TEAM MANAGER JODIE POWELL 07854 876 270 jodiepowell@yahoo.co.uk

AREA TEAM MANAGER CHRIS ESLING 07896 563 509 chris eslign@yahoo.co.uk

CLUB MERCHANDISE LINDA KEMP 07727 826 336 al_kemp@outlook.com

TRAINING OFFICERS JULIE JEFFES 07769 671 969 Julie.jeffes@gmail.com
SARAH BOWNESS 07828 908 958 mhrclinics@outlook.com

PEPPER POT 2019 LEAGUES

Here are the top riders in each of the 2019 leagues as of 1st March 2019

SENIOR OVERALL
1st Camilla Eslign and Sonas Oliver 205
2nd Steph Woolley and Freckleton Matador 75
3rd Caroline Bates and Smokey Joe 65
Karen Kilby and Cosmic Dream 65
5th Laura Bennet and Lematon Sunshine Sadie 60
Suzanne Lidbetter and Mai 60
7th Niki Padbury and Jacob 55
8th Emma Tart and Eric 50
Krissy Bradley and Toby 50
Tina Price and Big Ted 50
11th Alison Burton and Golly Miss Polly 40
Becky Skates and Darcy 40
Holly Chivers and Drippshill Dreammaker 40
Kelly Hudson and Fronwen Gwyn 40
Linda Kemp and Tanzanite Mist 40

JUNIOR OVERALL
1st Lottie Gilderson and Western Miracle 180
2nd Esme Ruff and Blue Suede Shoes 90
3rd Florence Bradbury and Blaze 40
4th Lily Collop and Kitlow Two Tone 15

SENIOR DRESSAGE
1st Camilla Eslign and Sonas Oliver 125
2nd Steph Woolley and Freckleton Matador 75
3rd Karen Kilby and Cosmic Dream 65
4th Laura Bennet and Lematon Sunshine Sadie 60
Suzanne Lidbetter and Mai 60
6th Niki Padbury and Jacob 55
7th Emma Tart and Eric 50
Krissy Bradley and Toby 50
Tina Price and Big Ted 50
10th Becky Skates and Darcy 40
Holly Chivers and Drippshill Dreammaker 40
Kelly Hudson and Fronwen Gwyn 40
Linda Kemp and Tanzanite Mist 40

JUNIOR DRESSAGE
1st Lottie Gilderson and Western Miracle 100
2nd Esme Ruff and Blue Suede Shoes 55
3rd Florence Bradbury and Blaze 40
4th Lily Collop and Kitlow Two Tone 15

SENIOR JUMPING
1st Camilla Eslign and Sonas Oliver 80

JUNIOR JUMPING
1st Lottie Gilderson and Western Miracle 80
2nd Esme Ruff and Blue Suede Shoes 35

SENIOR / JUNIOR COMBINED EVENTS
No competitions as yet

SEE THE COMPLETE UPDATED LEAGUE TABLES AT www.malvernhillsridingclub.com